

Peicai Secondary School
Subject Overview for Semester 2 / 2023
Physical Education [Sec 4C4/4C5]

Semester 2		
Term 3 [26 June – 1 September]		
Week	Chapter/Topic/Skill/Area	Homework / Assignment
Week 1 [26 Jun - 1 Jul] <i>29th June- Hari Raya Haji</i>	<ul style="list-style-type: none"> • Welcome back/ Setting Expectations • Go through routines • Sharing of semester 2 subject overview • Height and Weight/BMI 	
Week 2 [3 Jul – 7 Jul] <i>3 Jul- Youth Day Holiday</i>	<ul style="list-style-type: none"> • NAPFA Testing or Retest • Intra-Class Games (Floorball) 	
Week 3 [10 Jul - 14 Jul]	<ul style="list-style-type: none"> • NAPFA Testing or Retest • Intra-Class Games (Floorball) 	
Week 4 [17 Jul – 21 Jul]	<ul style="list-style-type: none"> • NAPFA Testing or Retest • Handball: Games and Rules 	
Week 5 [24 Jul – 28 Jul]	<ul style="list-style-type: none"> • NAPFA Testing or Retest • Handball: Throwing and Catching 	
Week 6 [30 July Aug – 4 Aug]	<ul style="list-style-type: none"> • NAPFA Testing or Retest • Handball: Shooting 	
Week 7 [7 Aug – 11 Aug] <i>9th to 10th Aug – National Day Holiday</i>	<ul style="list-style-type: none"> • NAPFA Testing or Retest • Handball: Defensive and Offensive Strategies 	
Week 8 [14 Aug – 18 Aug]	<ul style="list-style-type: none"> • NAPFA Testing or Retest • Intra-Class Games (Hand Ball) 	
Week 9 [21 Aug – 25 Aug]	<ul style="list-style-type: none"> • Prelims 	
Week 10 [28 Aug – 1 Sep] <i>1st Sep – Teachers Day Holiday</i>	<ul style="list-style-type: none"> • Prelims 	
Term 4 [11 September – 27 October]		
Week	Chapter/Topic/Skill/Area	Assignment/Homework
Week 1 [11 Sep – 15 Sep]	<ul style="list-style-type: none"> • Handball: • Intra-Class Games (Hand Ball) 	
Week 2 [18 Sep – 22 Sep]	<ul style="list-style-type: none"> • Handball: • Intra-Class Games (Hand Ball) 	
Week 3 [25 Sep – 29 Sep]	<ul style="list-style-type: none"> • Handball: • Intra-Class Games (Hand Ball) 	
Week 4 [2 Oct – 6 Oct]	<ul style="list-style-type: none"> • O Level Practical 	

This subject overview is tentative and is subject to changes.