

Peicai Secondary School
 Subject Overview for Semester 2 2023
 Nutrition and Food Science | Secondary 4 | Normal (Technical)

1. Assessment Mode

Students will be assessed through coursework and written paper to demonstrate the learning of nutrition and health, food literacy and food science throughout the semester. The Prelim Examination results will include the written theory paper and the coursework marks.

2. Assessment Weightage

Components	Prelims (100%)	
Deliverables	Coursework (60%)	Written Paper (40%)
Work Timeline	Term 3: Week 1	Not Applicable
Submission Deadline	Week 3, 10 July (5pm)	Written Exam: 1 August (1000-1130)

3. Weekly Work Schedule

Term 3 [26 Jun – 1 Sep]				
Week	Chapter/Topic/Skill/Area	Textbook/ Resources	Assignment/ Homework	Assessment
Week 1 [26-30 Jun] <i>*29 Jun Hari Raya Haji Holiday</i>	Overview of Semester 2 <ul style="list-style-type: none"> Recap of Classroom expectation & routine Plan for semester 2 Recap <ul style="list-style-type: none"> Topics under the strand of Food Literacy 	iPad	Google classroom	
	Coursework: Edit coursework <ul style="list-style-type: none"> Planning Evaluation 	Coursework materials		
Week 2 [3-7 Jul] <i>*3 Jul Youth Day Holiday</i>	Recap <ul style="list-style-type: none"> Topics under the strand of Nutrition and Health 	iPad	Google classroom	
	Recap <ul style="list-style-type: none"> Topics under the strand of Food Science 	iPad	Google classroom	
Week 3 [10-14 Jul]	Coursework: National Deadline: Monday, 10 July, 5pm <i>*Students must be physically present in school to sign the declaration form for the final submission.</i>			Submission of GCE (NT) Level Coursework
	Time practice paper 1 <ul style="list-style-type: none"> Carbohydrates Water Vitamins 		Practice paper 1	

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Term 3 [26 Jun – 1 Sep]				
Week	Chapter/Topic/Skill/Area	Textbook/ Resources	Assignment/ Homework	Assessment
	<ul style="list-style-type: none"> • Food Safety • Seafood • Pulses and Legumes • Batters • Convenience Food 			
Week 4 [17-21 Jul] <i>*21 Jul 'N' Level Prelim Exam</i>	Error Analysis <ul style="list-style-type: none"> • Time practice paper 1 	Writing material		
	Time practice paper 2 <ul style="list-style-type: none"> • Proteins • Fats • Minerals • Diet & Health • Eggs • Cereals • Cakes • Meal Analysis • Methods of Cooking 		Practice paper 2	
Week 5 [24-28 Jul] <i>*24 & 28 Jul 'N' Level Prelim Exam</i>	Error Analysis <ul style="list-style-type: none"> • Time practice paper 2 	Writing material		
	Time practice paper 3 <ul style="list-style-type: none"> • All topics to be tested. 		Practice paper 3	
Week 6 [31 Jul-4 Aug]	GCE 'N' Level Prelim Examination		Prelim paper	Written Paper: 1 August 2023 (1000-1130) Topics covered: All the topics in the NFS syllabus
Week 7 [7-11 Aug] <i>*8 Aug National Day Celebration 9 & 10 Aug National Day Holiday</i>	Error Analysis for Prelim Paper	Writing material		
Week 8 [14-18 Aug]	Error Analysis <ul style="list-style-type: none"> • Time practice paper 3 	Writing material		

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Term 3 [26 Jun – 1 Sep]				
Week	Chapter/Topic/Skill/Area	Textbook/ Resources	Assignment/ Homework	Assessment
	Time practice paper 4 <ul style="list-style-type: none"> All topics to be tested. 		Practice paper 4	
Week 9 [21-25 Aug]	Error Analysis <ul style="list-style-type: none"> Time practice paper 4 	Writing material		
	Time practice paper 5 <ul style="list-style-type: none"> All topics to be tested. 		Practice paper 5	
Week 10 [28 Aug-1 Sep] *31 Aug Teachers' Day celebration 1 Sep Teachers' Day Holiday	Error Analysis <ul style="list-style-type: none"> Time practice paper 5 	Writing material		

Term 4 [11 Sep - 13 Oct]				
Week	Chapter/Topic	Textbook/ Resources	Assignment/ Homework	Assessment
Week 1 [11-15 Sep]	GCE 'N' Level Examination			
Week 2 [18-22 Sep]	GCE 'N' Level Examination			
Week 3 [25-29 Sep]	4N Study Break			
Week 4 [2-6 Oct]	GCE 'N' Level Examination			
Week 5 [9-13 Oct]	GCE 'N' Level Examination 10 October 2023 Nutrition and Food Science: Paper 5979/01 8.00-9.30 am. (1h 30min)			

**This subject overview is tentative and is subject to changes.*