

Peicai Secondary School  
Subject Overview for Semester 2 2023  
Nutrition and Food Science |Secondary 4 | Express

**1. Assessment Mode**

Students will be assessed through coursework and written paper to demonstrate the learning of nutrition and health, food literacy and food science throughout the semester. The Prelim Examination results will include the written theory paper and the coursework marks.

**2. Assessment Weightage**

Components	Prelims (100%)	
Deliverables	Coursework (60%)	Written Paper(40%)
Work Timeline	Term 3: Week 4	Not Applicable
Submission Deadline	Week 6, 31 July (5pm)	Written Exam: 22 August (1145-1345)

**3. Weekly Work Schedule**

Term 3 [26 Jun – 1 Sep]				
Week	Chapter/Topic/Skill/Area	Textbook/ Resources	Assignment/ Homework	Assessment
Week 1 [26-30 Jun] <i>*29 Jun Hari Raya Haji Holiday</i>	<b>Overview of Semester 2</b> • Plan for semester 2  <b>Coursework: Edit coursework</b> • Research	Coursework materials		
	<b>Revision</b> • Topics identified from Weighted Assessment 2			
Week 2 [3-7 Jul] <i>*3 Jul Youth Day Holiday 4 Jul O Lvl MT LC, (dismissed at 1.50pm)</i>	<b>Coursework: Edit coursework</b> • Decision making	Coursework materials		
	<b>Revision</b> • Topics identified from Weighted Assessment 2			
Week 3 [10-14 Jul] <i>HBL: 12 July</i>	<b>Coursework: Edit coursework</b> • Investigation	Coursework materials		
	<b>Time Practice Paper (Essay 1)</b> • Diet & Health • Meal Planning • Convenience Food			
Week 4 [17-21 Jul]	<b>Coursework: Edit coursework</b> • Planning • Evaluation	Coursework materials		
	<b>Error analysis</b> • Time practice (essay 1)			

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Term 3 [26 Jun – 1 Sep]				
Week	Chapter/Topic/Skill/Area	Textbook/ Resources	Assignment/ Homework	Assessment
Week 5 [24-28 Jul]	<b>Time Practice Paper (Essay 2)</b> <ul style="list-style-type: none"> <li>Preparation of Food</li> <li>Sustainable Food Consumption</li> <li>Methods of Cooking</li> </ul>		Practice paper (essay 2)	
	<b>Error analysis</b> <ul style="list-style-type: none"> <li>Time practice (essay 2)</li> </ul>	Writing material		
Week 6 [31 Jul-4 Aug]	<b>Coursework:</b> <b>National Deadline: Monday, 31 July, 5pm</b> <i>*Students must be physically present in school to sign the declaration form for the final submission.</i>			Submission of GCE (O) Level Coursework  60% (80m)
	<b>Time practice paper 1</b> All the topics in the syllabus will be tested.		Practice paper 1	
	<b>Error Analysis</b> <ul style="list-style-type: none"> <li>Time practice paper 1</li> </ul>	Writing material		
Week 7 [7-11 Aug] <i>*8 Aug National Day Celebration 9 &amp; 10 Aug National Day Holiday</i>	<b>Time practice paper 2</b> All the topics in the syllabus will be tested.		Practice paper 2	
Week 8 [14-18 Aug] 15-16, 18 Aug: O Level Prelim Sci Prac	<b>Error Analysis</b> <ul style="list-style-type: none"> <li>Time practice paper 2</li> </ul>	Writing material		
Week 9 [21-25 Aug]	<b>GCE 'O' Level Prelim Examination</b>		Prelim paper	Paper 1: (40%) 100 m  22 August 2023 1145-1345  Topics covered:

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Term 3 [26 Jun – 1 Sep]				
Week	Chapter/Topic/Skill/Area	Textbook/ Resources	Assignment/ Homework	Assessment
				All the topics in the syllabus
Week 10 [28 Aug-1 Sep] <i>*31 Aug Teachers' Day celebration 1 Sep Teachers' Day Holiday</i>	<b>GCE 'O' Level Prelim Examination</b>			

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<b>Term 4 [11 Sep - 13 Oct]</b>				
<b>Week</b>	<b>Chapter/Topic</b>	<b>Textbook/ Resources</b>	<b>Assignment/ Homework</b>	<b>Assessment</b>
Week 1 [11-15 Sep]	<b>Error Analysis</b> • Prelim Paper	Writing material		
	<b>Time practice paper 3</b> All the topics in the syllabus will be tested.		Practice paper 3	
Week 2 [18-22 Sep]	<b>Error Analysis</b> • Time practice paper 3	Writing material		
	<b>Time practice paper 4</b> All the topics in the syllabus will be tested.		Practice paper 4	
Week 3 [25-29 Sep]	<b>Error Analysis</b> • Time practice paper 4	Writing material		
Week 4 [2-6 Oct]	<b>4E/5N Study Break</b>			
Week 5 [9-13 Oct]	<b>GCE 'O' Level Science Practical Examination</b>			
	<b>GCE 'O' Level Written Examination</b>  <b><u>2 November 2023</u></b> <b>Nutrition and Food Science:</b> <b>Paper 6097/01</b> 2.30-4.30 pm (2h)			

*\*This subject overview is tentative and is subject to changes.*