

Peicai Secondary School  
 Subject Overview for Semester 1 2023  
 Food & Consumer Education | Secondary 2 | Normal (Academic)

<b>Semester 1</b>					
<b>Term 1 [3 Jan – 10 March]</b>					
<b>Week</b>	<b>Chapter/Topic</b>	<b>Practical/ Skill</b>	<b>Textbook/ Resources</b>	<b>Assignment/ Homework</b>	<b>Weighted Assessment</b>
Week 1 [3Jan – 6Jan]					
Week 2 [9Jan –13 Jan]					
Week 3 [16Jan-20Jan] Friday -CNY eve	<b>Introduction to Food &amp; Consumer Education</b> - Classroom expectation & routine		PDLP (iPad)	Google Classroom	
	<b>Chapter 4: Food Culture</b> - Hawker culture - ethnic groups (Eurasian & Malay)		Secondary 2 Textbook Pg 67-91 PDLP (iPad)	Nearpod	
Week 4 [23Jan -27Jan] (23,Mon & 24, Tue CNY)	<b>Chapter 7 : Methods of cooking</b> Pan frying <b>Chapter 1 : Food Preparation and Culinary Skills</b> Knife skills , Batter	Practical Crepe	Secondary 1 Textbook Pg 110-111 Secondary 2 Textbook Pg 3-4 & 20-23 PDLP (iPad)	Google classroom	
Week 5 [30Jan- 3Feb]	<b>Chapter 4: Food Culture</b> - Hawker culture - ethnic groups (Chinese & Indian) -Global Influences		Secondary 2 Textbook Pg 67-91  PDLP (iPad)	Nearpod	
Week 6 [6Feb-10Feb]	<b>Chapter 7 : Methods of cooking</b> Shallow frying <b>Chapter 4: Food Culture</b> Fusion	Practical Dumpling	Secondary 1 Textbook Pg 110-111 Secondary 2 Textbook Pg 90 -91 PDLP (iPad)	Google classroom	Introduction to WA1
Week 7 [13Feb-17Feb]	<b>Task: Design a learning experience by creating a fusion product</b> Students will explore ideas to and modify recipe to create a fusion product.		PDLP (iPad)	Nearpod	

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Week 8 [20Feb-24Feb]	<b>Task: Design a learning experience by creating a fusion product</b> Execution	Practical Exam	PDLP (iPad)		WA1 – 15%
Week 9 [27Feb-3Mar]	<b>Chapter 2 : Nutrients in Food ( recap)</b> -Nutrients -MHP	Activity	Secondary 1 Text book pg 20 – 35 PDLP (iPad)	Nearpod	
Week 10 [6Mar-10Mar]	<b>Chapter 1 : Food presentation and Culinary skills</b> - Creaming <b>Chapter 3 : Evaluation</b>	Practical Cookie	Secondary 2 Textbook Pg 52 -56 PDLP (iPad)	Nearpod / Google classroom	
<b>Term 2 [ 20 Mar – 26 May]</b>					
<b>Week</b>	<b>Chapter/Topic</b>	<b>Practical / Skill</b>	<b>Textbook/ Resources</b>	<b>Assignme nt/ Homework</b>	<b>Weighted Assessment</b>
Week 1 [20Mar-24Mar]	<b>Chapter 5 : Nutritional needs of different age groups</b> - Elderly <b>Applied Module : Project Research</b>		PDLP (iPad)	Google classroom	AM – 70%
Week 2 [27Mar-31Mar]	<b>Chapter 6 : Smart shopping</b> -Food labels and pricing <b>Applied Module : Project Research</b>		Secondary 2 Textbook Pg 122-125 PDLP (iPad)	Google classroom	AM-70%
Week 3 [3Apr-7Apr] 7Apr Good Friday	<b>Chapter 3 : Watch your Diet</b> -coronary heart disease - hypertension <b>Applied Module : Project Research</b>		Secondary 1 Textbook Pg 43 & 44 , 47 & 48 PDLP (iPad)	Google classroom	AM-70%
Week 4 [10Apr-14Apr]	<b>Key in ingredients in cookie</b> <b>Applied Module : Project Research</b> Decide		PDLP (iPad)	Google classroom	AM-70%
Week 5 [17Apr-21Apr]	<b>Applied Module : Project</b> Decide WA 2 _ revision		PDLP (iPad)	Google classroom	AM-70%
Week 6 [24Apr-28Apr] 22Apr – Hari Raya Puasa	<b>WA 2</b> <b>Applied Module : Project</b>				WA2 Topics -Food culture -MHP -MOC - frying

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					-elderly Diet related diseases.
Week 7 [1May-5May] 1May – Labour day	<b>Applied Module : Project</b>		PDLP (Ipad)	Google classroom	AM-70%
Week 8 [8May-12May]	<b>Applied Module : Project</b> Execution Evaluation	Practical exam	PDLP (iPad)	Google classroom	AM-70%
Week 9 [15May- 19May]	<b>Applied Module : Project</b> Evaluation	Practical exam	PDLP (iPad)	Google classroom	AM-70%
Week 10 [22May- 26May]	<b>Sustainable Consumption of Goods &amp; Services</b>	Hands-on activity	PDLP (iPad)	Google classroom	

*\*This subject overview is tentative and is subject to changes.*

Assessment Format