

Peicai Secondary School
 Subject Overview for Semester 1 2023
 Food & Consumer Education | Secondary 2 | Express

Semester 1					
Term 1 [3 Jan – 10 March]					
Week	Chapter/Topic	Practical/ Skill	Textbook/ Resources	Assignment/ Homework	Weighted Assessment
Week 1 [3Jan – 6Jan]					
Week 2 [9Jan –13 Jan]					
Week 3 [16Jan-20Jan] Friday -CNY eve	Introduction to Food & Consumer Education - Classroom expectation & routine		PDLP (iPad)	Google Classroom	
	Chapter 4: Food Culture - Hawker culture - ethnic groups (Eurasian & Malay)		Secondary 2 Textbook Pg 67-91 PDLP (iPad)	Nearpod	
Week 4 [23Jan -27Jan] (23,Mon & 24, Tue CNY)	Chapter 7 : Methods of cooking Pan frying Chapter 1 : Food Preparation and Culinary Skills Knife skills , Batter	Practical Crepe	Secondary 1 Textbook Pg 110-111 Secondary 2 Textbook Pg 3-4 & 20-23 PDLP (iPad)	Google classroom	
Week 5 [30Jan- 3Feb]	Chapter 4: Food Culture - Hawker culture - ethnic groups (Chinese & Indian) -Global Influences		Secondary 2 Textbook Pg 67-91 PDLP (iPad)	Nearpod	
Week 6 [6Feb-10Feb]	Chapter 7 : Methods of cooking Shallow frying Chapter 4: Food Culture Fusion	Practical Dumpling	Secondary 1 Textbook Pg 110-111 Secondary 2 Textbook Pg 90 -91 PDLP (iPad)	Google classroom	Introduction to WA1
Week 7 [13Feb-17Feb]	Task: Design a learning experience by creating a fusion product Students will explore ideas to and modify recipe to create a fusion product.		PDLP (iPad)	Nearpod	

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Week 8 [20Feb-24Feb]	Task: Design a learning experience by creating a fusion product Execution	Practical Exam	PDLP (iPad)		WA1 – 15%
Week 9 [27Feb-3Mar]	Chapter 2 : Nutrients in Food (recap) -Nutrients -MHP	Activity	Secondary 1 Text book pg 20 – 35 PDLP (iPad)	Nearpod	
Week 10 [6Mar-10Mar]	Chapter 1 : Food presentation and Culinary skills - Creaming Chapter 3 : Evaluation	Practical Cookie	Secondary 2 Textbook Pg 52 -56 PDLP (iPad)	Nearpod / Google classroom	
Term 2 [20 Mar – 26 May]					
Week	Chapter/Topic	Practical / Skill	Textbook/ Resources	Assignme nt/ Homework	Weighted Assessment
Week 1 [20Mar-24Mar]	Chapter 5 : Nutritional needs of different age groups - Elderly Applied Module : Project Research		PDLP (iPad)	Google classroom	AM – 70%
Week 2 [27Mar-31Mar]	Chapter 6 : Smart shopping -Food labels and pricing Applied Module : Project Research		Secondary 2 Textbook Pg 122-125 PDLP (iPad)	Google classroom	AM-70%
Week 3 [3Apr-7Apr] 7Apr Good Friday	Chapter 3 : Watch your Diet -coronary heart disease - hypertension Applied Module : Project Research		Secondary 1 Textbook Pg 43 & 44 , 47 & 48 PDLP (iPad)	Google classroom	AM-70%
Week 4 [10Apr-14Apr]	Key in ingredients in cookie Applied Module : Project Research Decide		PDLP (iPad)	Google classroom	AM-70%
Week 5 [17Apr-21Apr]	Applied Module : Project Decide WA 2 _ revision		PDLP (iPad)	Google classroom	AM-70%
Week 6 [24Apr-28Apr] 22Apr – Hari Raya Puasa	WA 2 Applied Module : Project				WA2 Topics -Food culture -MHP -MOC - frying

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					-elderly Diet related diseases.
Week 7 [1May-5May] 1May – Labour day	Applied Module : Project		PDLP (Ipad)	Google classroom	AM-70%
Week 8 [8May-12May]	Applied Module : Project Execution Evaluation	Practical exam	PDLP (iPad)	Google classroom	AM-70%
Week 9 [15May- 19May]	Applied Module : Project Evaluation	Practical exam	PDLP (iPad)	Google classroom	AM-70%
Week 10 [22May- 26May]	Sustainable Consumption of Goods & Services	Hands-on activity	PDLP (iPad)	Google classroom	

**This subject overview is tentative and is subject to changes.*

Assessment Format