Peicai Secondary School Subject Overview for Semester 2 / 2022 Physical Education [Sec 3C1, 3C3, 3C4]

	Semester 2	
Term 3 [27 June – 2 September]		
Week	Chapter/Topic/Skill/Area	Homework / Assignment
Week 1	 Height & Weight Taking 	
[27 Jun - 1 Jul]	Preparation for Sports Challenge	
Week 2 [4 Jul – 8 Jul] 4 Jul- Youth Day Holiday	Preparation for Sports Challenge	HBL SLS Package
Week 3 [11 Jul - 15 Jul] 11 Jul- Hari Raya Haji	Volleyball Games and Assessment	
Week 4 [18 Jul – 22 Jul]	Volleyball Games and Assessment	HBL SLS Package
Week 5 [25 Jul – 29 Jul]	Volleyball Games and Assessment	
Week 6	Outdoor Cooking	HBL SLS Package
[1 Aug – 5 Aug]	Shelter Building	
Week 7		
[8 Aug – 12 Aug]	Tchoukball: Passing and Catching	
Week 8	• Tchoukball: Shooting and Angle of	
[15 Aug – 19 Aug]	Deflection	
Week 9	Tchoukball: Games and Rules	HBL SLS Package
[22 Aug – 26 Aug]		
Week 10	Tchoukball Games	
[29 Aug – 2 Sep]		
	Term 4 [12 September – 28 Oc	tober]
Week	Chapter/Topic/Skill/Area	Assignment/Homework
Week 1 [12 Sep – 16 Sep]	Tchoukball Games Tactics	
Week 2	Tchoukball Games	
[19 Sep – 23 Sep]		
Week 3	• EOY	
[26 Sep – 30 Sep]		
Week 4	• EOY	
[3 Oct – 7 Oct]		
Week 5	Intra-Class competition	
[10 Oct – 14 Oct]		
Week 6	Intra-Class competition	
[17 Oct – 21 Oct]	-	
Week 7	Post-Exam Programme	
[24 Oct – 28 Oct		

This subject overview is tentative and is subject to changes.