

Peicai Secondary School
Subject Overview for Semester 2 / 2022
Physical Education [Secondary Two] 2C1

Semester 2		
Term 3 [27 June – 2 September]		
Week	Chapter/Topic/Skill/Area	Homework / Assignment
Week 1 [27 Jun - 1 Jul]	Volleyball Introduction and Rules / NAPFA Testing / Height and Weight measurement	Nil
Week 2 [4 Jul - 8 Jul] <i>4 Jul- Youth Day Holiday</i>	Volleyball Introduction and Rules/ NAPFA Testing / Height and Weight measurement	7 July HBL Online video lesson on Volleyball
Week 3 [11 Jul - 15 Jul] <i>11 Jul- Hari Raya Haji</i>	Volleyball: Service and Practice Tasks / NAPFA Testing	nil
Week 4 [18 Jul - 22 Jul]	Volleyball: Service and Practice Tasks / NAPFA Testing	
Week 5 [25 Jul - 29 Jul]	Volleyball: Receiving and Practice Tasks/ NAPFA Testing	nil
Week 6 [1 Aug – 5 Aug]	Volleyball: Receiving and Practice Tasks/ NAPFA Testing	1 Aug HBL Online video lesson on Volleyball
Week 7 [8 Aug - 12 Aug]	Volleyball: Service and Receiving Combined Practice Tasks/ NAPFA Testing	nil
Week 8 [15 Aug – 19 Aug]	Volleyball: Service and Receiving Combined Practice Tasks/ Modified Gameplay / NAPFA Testing	nil
Week 9 [22 Aug – 26 Aug]	Volleyball: Modified Gameplay / NAPFA Testing	23 Aug HBL Online video on Volleyball
Week 10 [29 Aug -2 Sep]	Volleyball: Modified Gameplay /Intra-class competition	nil

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Term 4 [12 September – 28 October]		
Week	Chapter/Topic/Skill/Area	Assignment/Homework
Week 1 [12 Sep - 16 Sep]	Sports Challenge Games Practice	nil
Week 2 [19 Sep - 23 Sep]	Sports Challenge Games Practice / Outdoor Cooking	nil
Week 3 [26 Sep - 30 Sep]	End of Year Exams	nil
Week 4 [3 Oct – 7 Oct]	End of Year Exams	nil
Week 5 [10 Oct – 14 Oct]	Intra-class Sports Challenge Games	nil
Week 6 [17 Oct - 21 Oct]	Intra-class Sports Challenge Games	nil
Week 7 [24 Oct – 28 Oct]	Sports Challenge 2022	nil

This subject overview is tentative and is subject to changes.