

Peicai Secondary School
Subject Overview for Semester 2 / 2022
Physical Education [Sec 1A2, 1B1, 1C4]

Semester 2		
Term 3 [27 June – 2 September]		
Week	Chapter/Topic/Skill/Area	Homework / Assignment
Week 1 [27 Jun - 1 Jul]	<ul style="list-style-type: none"> • Height & Weight Taking • New Routine Setting • Sharing of semester 2 subject overview 	
Week 2 [4 Jul – 8 Jul] <i>4 Jul- Youth Day Holiday</i>	<ul style="list-style-type: none"> • Introduction to Softball and Rubrics 	HBL SLS Package
Week 3 [11 Jul - 15 Jul] <i>11 Jul- Hari Raya Haji</i>	<ul style="list-style-type: none"> • Softball Games • Focusing on Throwing and Catching 	Self-evaluation on throwing and catching
Week 4 [18 Jul – 22 Jul]	<ul style="list-style-type: none"> • Softball Games • Throwing and Catching • Focusing on Batting 	HBL SLS Package Self-evaluation on batting
Week 5 [25 Jul – 29 Jul]	<ul style="list-style-type: none"> • Softball Games • Throwing and Catching • Batting • Focusing on Games Strategies 	Team discussion on games strategies
Week 6 [1 Aug – 5 Aug]	<ul style="list-style-type: none"> • Softball Games • Assessment 	HBL SLS Package
Week 7 [8 Aug – 12 Aug]	<ul style="list-style-type: none"> • Softball Games • Assessment 	
Week 8 [15 Aug – 19 Aug]	<ul style="list-style-type: none"> • Softball Games • Assessment 	
Week 9 [22 Aug – 26 Aug]	<ul style="list-style-type: none"> • Softball Games • Assessment 	HBL SLS Package
Week 10 [29 Aug – 2 Sep]	<ul style="list-style-type: none"> • CPR & AED Training 	
Term 4 [12 September – 28 October]		
Week	Chapter/Topic/Skill/Area	Assignment/Homework
Week 1 [12 Sep – 16 Sep]	<ul style="list-style-type: none"> • Introduction to Orienteering • Pacing 	
Week 2 [19 Sep – 23 Sep]	<ul style="list-style-type: none"> • Orienteering Activity 	
Week 3 [26 Sep – 30 Sep]	<ul style="list-style-type: none"> • EOY Exams 	
Week 4 [3 Oct – 7 Oct]	<ul style="list-style-type: none"> • EOY Exams 	
Week 5 [10 Oct – 14 Oct]	<ul style="list-style-type: none"> • Preparation for Sports Challenge 	
Week 6 [17 Oct – 21 Oct]	<ul style="list-style-type: none"> • Preparation for Sports Challenge 	
Week 7 [24 Oct – 28 Oct]	<ul style="list-style-type: none"> • Sports Challenge 	

This subject overview is tentative and is subject to changes.